

Loss to Households' Pocketbooks and States' Economies from Proposed SNAP Cuts

State	Reduction in typical household's benefit each month	Reduction in SNAP dollars entering state each year
Alabama	\$82.90	\$374,412,400
Alaska	\$135.97	\$49,217,900
Arizona	\$76.29	\$413,909,000
Arkansas	\$70.12	\$104,710,300
California	\$68.27	\$2,636,827,300
Colorado	\$71.86	\$284,535,500
Connecticut	\$67.94	\$186,266,000
Delaware	\$75.26	\$55,515,400
District of Columbia	\$65.33	\$67,930,500
Florida	\$72.70	\$1,627,697,000
Georgia	\$80.75	\$653,312,600
Hawaii	\$144.39	\$144,439,800
Idaho	\$74.05	\$59,616,500
Illinois	\$72.18	\$936,288,700
Indiana	\$86.82	\$301,397,700
Iowa	\$72.29	\$111,471,100
Kansas	\$75.05	\$84,215,900
Kentucky	\$74.88	\$263,371,700
Louisiana	\$80.29	\$407,222,800
Maine	\$61.99	\$75,878,200
Maryland	\$67.55	\$308,529,400
Massachusetts	\$73.89	\$601,493,500
Michigan	\$68.99	\$638,669,200
Minnesota	\$63.72	\$182,243,800
Mississippi	\$77.53	\$172,548,200
Missouri	\$83.59	\$329,630,200
Montana	\$68.99	\$34,036,800
Nebraska	\$77.83	\$70,349,700
Nevada	\$65.41	\$215,238,300
New Hampshire	\$63.52	\$32,402,300
New Jersey	\$76.37	\$411,806,700
New Mexico	\$68.17	\$212,854,200

New York	\$77.61	\$1,626,381,000
North Carolina	\$78.59	\$700,578,700
North Dakota	\$76.38	\$24,545,200
Ohio	\$77.42	\$675,802,600
Oklahoma	\$82.21	\$338,694,200
Oregon	\$63.84	\$342,285,000
Pennsylvania	\$67.67	\$884,151,300
Rhode Island	\$67.09	\$71,785,700
South Carolina	\$118.62	\$399,673,500
South Dakota	\$82.31	\$37,166,700
Tennessee	\$80.30	\$354,054,200
Texas	\$82.68	\$1,591,287,000
Utah	\$79.95	\$85,643,200
Vermont	\$67.48	\$31,670,100
Virginia	\$71.63	\$368,721,800
Washington	\$66.14	\$415,192,300
West Virginia	\$66.06	\$115,393,600
Wisconsin	\$64.07	\$283,262,400
Wyoming	\$79.57	\$12,846,900
Total		\$20,407,174,000

Note: Calculations based on a 20.6% cut in SNAP benefits.

Source: Author's calculations based on U.S. Department of Agriculture (USDA) SNAP Data Tables, State Level Participation & Benefits (November 2024), downloaded from <https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>.